

HEALTH HISTORY

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Date: \_\_\_\_\_

What brings you to the clinic today? \_\_\_\_\_

PREVIOUS OR ONGOING MEDICAL PROBLEMS

PROBLEM	ONSET	RESOLVED/ONGOING

SURGERIES

TYPE OF SURGERY	DATE	SURGEON (IF KNOWN)

Are you allergic to any medications? YES NO If yes, what medication and what reaction do you have?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

CURRENT MEDICATIONS/VITAMINS

MEDICATION	WHAT IS IT FOR?	DOSE	DIRECTIONS

FOR WOMEN:  
 Start date of last menstrual period: \_\_\_\_\_  
 # of pregnancies: \_\_\_\_\_  
 # of vaginal deliveries: \_\_\_\_\_ Date(s): \_\_\_\_\_  
 # of C-Sections: \_\_\_\_\_ Date(s): \_\_\_\_\_  
 # of miscarriages: \_\_\_\_\_ # of abortions \_\_\_\_\_  
 Do you use birth control? YES NO Type? \_\_\_\_\_

FOR CHILDREN:  
 Are you up to date on vaccinations? YES NO  
 Please provide copy of shot record if available  
 Any developmental or childhood disorders? YES NO  
 Please explain: \_\_\_\_\_

Name: \_\_\_\_\_

### FAMILY HISTORY

Date of Birth: \_\_\_\_\_

FAMILY MEMBER	HEALTH PROBLEMS	AGE OF ONSET	CAUSE OF DEATH, IF DECEASED
Mother			
Father			
Brother			
Sister			
Maternal Grandmother			
Paternal Grandmother			
Maternal Grandfather			
Paternal Grandfather			
Aunt			
Uncle			
Other _____			

Use the list of diseases below and any other significant findings to fill in the appropriate boxes above:

- |                  |                     |                     |                  |
|------------------|---------------------|---------------------|------------------|
| ALCOHOLISM       | ANEURYSM            | ARTHRITIS           | BREAST CANCER    |
| COLON CANCER     | CANCER (Type) _____ | DIABETES            | GLAUCOMA         |
| GALLSTONES       | HEART DISEASE       | HIGH BLOOD PRESSURE | HIGH CHOLESTEROL |
| MENTAL ILLNESS   | POLYCYSTIC KIDNEY   | SEIZURES            | SUICIDE          |
| THYROID DISORDER | TUBERCULOSIS        |                     |                  |

### SOCIAL HISTORY

Do you smoke? YES NO PREVIOUSLY If yes, how many packs per day? \_\_\_\_\_ For how long? \_\_\_\_\_

Have you ever been exposed to second hand smoke? YES NO

Do you drink Alcohol? YES NO If yes, how many drinks per week? \_\_\_\_\_

Do you now or have you ever used illicit drugs? YES NO If yes, what kind? \_\_\_\_\_

Do you participate in any sexual activity that could be considered risky? \_\_\_\_\_

Do you use seatbelts regularly? YES NO

Do you exercise regularly? YES NO If yes, what type and how often? \_\_\_\_\_

Have you ever been exposed to chemical or other harmful substances YES NO Please Explain: \_\_\_\_\_

Did you have radiation treatment as a child? YES NO

Did your mother take hormones while she was pregnant with you? YES NO UNKNOWN

When was your last dental exam? \_\_\_\_\_

Do you have an advanced care directive? \_\_\_\_\_

### HEALTH MAINTENANCE

TEST OR IMMUNIZATION	DATE OF LAST	RESULT (IF KNOWN)
Physical Examination		
Cholesterol Test		
PSA (Prostate screening)		
Colonoscopy		
Pap Smear		
Mammogram		
Bone Density		
Tetanus or Tdap booster		
Hepatitis A series		
Hepatitis B series		
Pneumovax		
Other _____		

In planning for future health care for you, we would like to know what extra health services you feel you might want or need. In addition to caring for you when you are sick, what else for you when you are sick, what else would you like your doctor to do for you?